

# 1 week content:

Mon

Post #1

MondayMotivation

<https://arewethereyetmoms.com/>



Monday's  
Moms:  
*Meet Amy*

Post #2

## Our Experiences

A couple moms being real about life as mothers.

<https://arewethereyetmoms.com/about-us>



Post #3

## Mom, Son Dodgeball Brings Happy Moments

<https://www.courant.com/community/south-windsor/hc-sw-south-windsor-mom-son-dodgeball-0418-20190411-anvqvommnzbxanslvix3kf6ly-story.html>



Thus

Post #1

Tuesday Thoughts

<https://arewethereyetmoms.com/>



Post #2

## Our Community

Share YOUR story! Email us at [arewethereyetmoms@gmail.com](mailto:arewethereyetmoms@gmail.com)

<https://arewethereyetmoms.com/about-us>



Post #3

# Parenting or child rearing

<https://en.wikipedia.org/wiki/Parenting>

**Parenting** or **child rearing** is the process of promoting and supporting the physical, emotional, social, and intellectual development of a child from infancy to adulthood. Parenting refers to the intricacies of raising a child and not exclusively to the biological relationship.



Wed

Post #1

Wednesday Wisdom...

<https://arewethereyetmoms.com/>



Post #2

## Join My Journey

**Join us for a painfully honest and hysterically funny conversation about this journey.**

<https://arewethereyetmoms.com/>





Post #3

## **The UN Sex Abuse Scandal review – careful, dignified and grueling.**

This powerful documentary exposed the culture of impunity among UN peacekeepers, who have been accused of 1,700 crimes of sexual violence.

<https://www.theguardian.com/tv-and-radio/2018/aug/01/the-un-sex-abuse-scandal-tv-review>



Thurs

Post #1

Through back Thursday

<https://arewethereyetmoms.com/>



Post #2

## Mother's Day in the United States

[https://en.wikipedia.org/wiki/Mother%27s\\_Day](https://en.wikipedia.org/wiki/Mother%27s_Day)

**Mother's Day in the United States** is an annual holiday celebrated on the second Sunday in May. Mother's Day recognizes mothers, motherhood and maternal bonds in general, as well as the positive contributions that they make to society. It was established by Anna Jarvis, with the first official Mother's Day celebrated at St. Andrew's Methodist Church in [Grafton, West Virginia](#), on May 10, 1908.<sup>[a]</sup> In the United States, Mother's Day complements similar celebrations honoring family members, such as [Father's Day](#), [Siblings Day](#) and [Grandparents Day](#).



Post #3

# MISSION NUTRITION

**OOD. The biggest stressor in my life. Put chicken through a feeding tube of an eight year old. Now he's overweight. We were interviewing a nutritionist. I'm just not a good cook. What happened with sugar? How many times a week should be giving our kids pizza? We have hot dog, so to teach moms how to feed their families healthy and quickly. How's it there? Sneak cookies like a fat girl. At reason. We need some real like takeaway tips for our mom's brain needs sugar. Why stop? What are you talking about? Low down and chew your food. I'm going to stop eating. I wanted advice to kick me in the ass.**



Fri

Post #1

Fun Friday

<https://arewethereyetmoms.com/>



post#2

## Sleep Duration, Restfulness, and Screens in the Sleep Environment .

<https://arewethereyetmoms.com/>



Post #3

# ARE WE THERE YET MOMS

**She was always there was something like we wouldn't annoy her. Right. Right. To lose her patience. I feel like that gives me a lot of hope. Yeah. That our kids are not going to remember the stuff that we're doing to them hoping like I can't even remember what she was shouting about right. But I do remember the shouting is the thing.**

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