**How To Soften Hard Water For Washing Hair?**

On a daily basis, people wash their hair but this can be determined by the type of hair one has, different scalp texture taste and the amount of oil in hair. It’s important to note that washing hair more often-damage hair for others this can lead to hair becoming greasy.

Hard water makes strands not easy to style, according to the professional hair stylist. Two major compounds mainly found in excess in hard water are calcium and magnesium. This hard water does not allow hair to easily bend or become flexible. While doing round brush blows dry it doesn’t take hair brush shape easily. With hard water the mineral content disrupts color, this means if you color treats your hair- it fade faster.

On the other hand, there’s a solution to hard water. Several measures are put in place for softening hard water and this is water softener.

**Using a shower filter with softener**

This one is a type of attachment that you put on your regular shower unit at home. It works by reducing limescale, chlorine, and magnesium thereby soften water.

Shower filters usually have a very easy process to install especially if you compare it to using a whole house water softening system. Mostly it comes with a shower head inside, a filtering tank and a part that you have to attach to the -top of the shower. Installing it doesn’t mean you go and look for a technician, it's an easy task.

It always comes with built-in water softeners, once you install them, you can just start to enjoy soften water at your home immediately.

**Whole house water softening system**

With a whole house, you have the opportunity to soften all water within the house. It works by exchanging minerals available so that sodium mineral remains in the water alone. Since this is spread in the whole house, you will have the opportunity to use it on other platforms.

One disadvantage with whole house water softener is that professional is required to install. Amongst the most valuable and the best whole house softening systems are:

**Culligan ISH-100 Inline Shower Filter for Use with Existing Shower Heads**

Features:

Usually, it fits most shower heads that are available.

It is easy to install since you don’t need extra tools.

It comes with WHR-140 filter cartridge

You can use 10,000 gallons of water or for a period of six months.

This system will not remove all the chlorine and still dry out hair to some extent.

**Cedar & Citrus CC22000002 Inline SPA Showerhead Filter & Water Softener**

It works well-removing chlorine, chemical deposits, and strong smell

You can use with hot water at the same time.

The good thing about this system, you can install it easily without adding much professionalism.

The plastic pack that it Carries may crack.

**Jonathan Product Beauty Hard Water Shower Filter**

**Features**

It works by removing presents of lead and copper in water.

This filter also balances the ph. level in the water.

It maintains good water flow.

The system after some time does not work efficiently.

Conclusion.

Washing hair more often-damage hair for others, this can lead to hair becoming greasy.

Water softener main work is to remove chlorine, magnesium, lead, and copper to soften water. Most of them are easy to install while for others you might be required to seek professional assistance.